

# Contract Newsletter

**From all of us at G&G, we hope that you have had a happy Christmas and we wish you a flourishing and prosperous New Year.**

## STAFF TRAINING AND PRODUCTION



*Multilingual Training Supervisor  
Doris Meschnark*

At G&G we take training very seriously. Experience has shown that a person who knows his job well automatically takes more responsibility for it and has a better control over his work. His efficiency increases as he performs more smoothly the actions relating to his post. So time and money invested in staff training works both ways, as it benefits both the individual staff member and his production within the company.

Everyone of our 80 staff members has a personal study programme tailor-made to his needs. G&G has an in-house facility where staff members come weekly at set times.

At G&G we are very lucky to have Doris Meschnark as a supervisor: she speaks 5 languages and has looked after the staff of G&G for many years.

## NEW & POPULAR PRODUCTS:

### CAT'S CLAW

Cat's Claw - or "Una da gato" in Spanish - is an exciting "new" herb from the Amazon, its name referring to its curved sharp hooks. It is a giant climbing plant especially abundant in the Peruvian rainforest. For centuries Cat's Claw has been one of the most important plant medicines of the indigenous Ashaninka Indians. Their healers use decoction of the bark to treat various inflammatory diseases, while infusion of the leaves is administered as a preventive.

They even use high doses of cat's claw root as a contraceptive.

Cat's Claw's anti-oxidant and anti-inflammatory properties have been confirmed by numerous studies from 1970 continuing through today, at facilities all over the world..

More exciting however is the success of Austrian scientist Dr Klaus Keplinger in treating AIDS and cancer with Cat's Claw.

**Call us, have G&G encapsulate Cat's Claw for you and be one of the first to sell Cat's Claw under your own label!**

### COLOSTRUM

Known as "first milk", and "the first food of life", Colostrum is the fluid, which is secreted by the mammary glands of all female mammals just after the birth of their offspring. It is very rich in nutrients and contains a high concentration of immune factors. Colostrum protects from disease, pollutants and allergens and has many other beneficial properties. Bovine (cow) colostrum is nearly identical to human colostrum but research confirms it is four times richer in immune factors than human colostrum..

**Why not benefit from the popularity of this new product? Contact us to place your order!**



## G&G STAFF NEWS

*New on post: Qualifications Manager  
Matthias Bournot*

G&G said farewell to our Qualifications Manager Swee Lin Jenkins, who after almost 10 years at G&G has left in order to take care of an elderly relative. Matthias Bournot has taken over Swee Lin's post. Matthias has been with G&G for 14 years and will from now on assure the high quality for which G&G is known. Luke Clark, Matthias' former assistant in Delivery for many years, has been promoted to Delivery Manager.

## CONTACT US

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